

Cooperative for Human Services Inc.

Monthly Budget Worksheet - Sample

Monthly Income:

List all current, regular monthly income after taxes for your family member below.

<u>Income</u>	<u>Average Amount Per Month</u>
Employment Income (net)	\$ _____
SSI/SSDI	\$ _____
Food Stamps	\$ _____
Trust Fund/Investment earnings	\$ _____
Monthly assistance from family	\$ _____
Section 8 Housing Subsidy	\$ _____
Other Income (list sources):	\$ _____
	\$ _____
	\$ _____
	\$ _____
	\$ _____
Total Monthly Income	\$ _____

Monthly Expenses:

List/estimate all monthly expenses for the housing model you are considering.

<u>Expenses</u>	<u>Average Amount per month</u>
Rent/Mortgage	\$ _____
Condo fee/property taxes	\$ _____
Homeowner or Rental Insurance	\$ _____
Gas/Electric payment(s)	\$ _____
Water/Sewage/Trash Collection	\$ _____
Cable/Phone/Internet	\$ _____
Repairs & Mainenance	\$ _____
Food	\$ _____
Clothing	\$ _____
Furniture/Household items	\$ _____
Transportation	\$ _____
Recreation and Leisure	\$ _____
Health Care	\$ _____
Support staff services (list)	\$ _____
	\$ _____
	\$ _____
	\$ _____
Total Monthly Expenses	\$ _____

To find out more about what's possible contact:
 Janice Ellis-Ballerini, Director of Clinical Supports
jellis_ballerini@cooperativeforhs.org
 781-538-4626 x1230